



5700 DARROW ROAD, SUITE 109 • HUDSON OH 44236

Phone: (330) 655-5460 Fax: (330) 655-5461

Name: _____ Procedure: _____

Date of Procedure: _____ Appointment Time: _____

Arrival Time: _____

WHAT TO EXPECT:

1-2 Weeks before your procedure: (for general surgery only)

- A member of our nursing staff will call to go over a health questionnaire with you.
- At that time she will give you a reminder of the need for a pre-operative physical to medically clear you for surgery as well as any necessary blood work and electrocardiogram.

1-2 Days before your procedure:

- You will receive a phone call from our nursing staff verifying your procedure, date, and time of arrival. **(Please note all times given from your surgeon's office are approximate).**
- Nothing to eat or drink after 12 Midnight the night before your procedure unless otherwise instructed.

On the day of your procedure:

- If you are on medication for your heart, lungs, and/or blood pressure, take those medications **ONLY** with a small sip of water **at least two (2) hours before** your scheduled procedure.
- Arrive 45 minutes to 1 hour before your appointment. You will be given an arrival time.
- Bring the following items with you: **Insurance cards and a Photo ID.**
- Wear loose fitting, comfortable clothing with elastic waistband if possible.
- Remove any jewelry and leave all valuables at home.
- **You MUST have a responsible driver** to take you home because of the sedative medications used for your procedure. You will **NOT** be permitted to drive yourself home or travel alone by Taxi, SCAT, or bus.
- **We encourage family members/drivers to remain at the center** during your procedure and be readily available to speak with the physician. If for any reason your designated driver is unable to stay, you must provide a phone number where they can be reached. Surgical patients are generally ready for discharge approximately 1 hour following their scheduled procedure. All other times may vary.



Following your exam:

- Your physician will discuss the outcome of surgical procedures with you and/or your designated driver.
- The nursing staff will review your discharge instructions with you. Due to the effects of sedative medications used, you may not remember speaking with them. A written copy of instructions will be provided as well.
- For the remainder of the day you will **NOT BE PERMITTED TO DO THE FOLLOWING:**
 - **Be left alone**
 - **Drive a car**
 - **Operate any machinery or equipment**
 - **Return to school and/or work**
 - **Drink alcoholic beverages**
 - **Sign any legal documents**
- A follow up call will be made to you in the days following your procedure to see how you are feeling. This is a good time to clarify any questions regarding your procedure and/or home going instructions.